Using Harm Reduction

with clients who use substances

After having a conversation about the **risks and benefits** of their **substance use,** the **CLIENT** identifies their **PRIMARY GOAL** as...

abstinence

Refer to detox *if desired*. Then **inpatient** or **outpatient treatment**, **psychotherapy**, **group therapy**, or **community groups** - *as desired by client*.

Was treatment effective in helping the client achieve detoxification and abstinence?

no

yes

Reaffirm or **reevaluate goals.**

Offer referrals to appropriate treatment.

safer use

Offer information about methods and strategies for **safer use**.

Collaborate on plan.

Share tools and resources that support **safer use.**

reduced use

Offer information on strategies to **reduce use.**

Collaborate on plan.

Share tools and resources that support **reduced use.**

a goal unrelated to their use

Work collaboratively on client-identified priority.

SUCCESS

"Any Positive Change"

Because relapse and reoccurrence of use can be part of the process every client needs education and tools for safer substance use. This includes providing naloxone and overdose education for those who use opioids or may encounter them.

THE PERISCOPE PROJECT

PERINATAL SPECIALTY CONSULT PSYCHIATRY EXTENSION

Academy of Perinatal Harm Reduction

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