



**Building Capacity to Address
Maternal Mental Health Conditions**

May 3, 2019 | MCW | Milwaukee, WI

Medical College of Wisconsin
8700 W Watertown Plank Road
Milwaukee, WI 53226

Summary

This one-day conference focuses on perinatal psychiatric diagnosis and treatment for the non-psychiatric provider. Session topics were selected based on feedback received from providers enrolled in The Periscope Project. The conference is offered as a benefit for those enrolled to build their capacity to treat the behavioral health concerns of pre-conception, pregnant, postpartum, and inter-conception women. Sessions offer a range of topics to meet the needs of diverse provider types and base knowledge on perinatal psychiatric disorders.

Conference Objectives

1. Define the role of a non-Medication Assisted Treatment (MAT) prescribing provider in the treatment of opioid use disorder in pregnant and lactating patients
2. Understand different ways to talk to perinatal patients about mental health or substance use disorders
3. Define the prevalence of psychiatric disorders in the perinatal period
4. Describe first-line pharmacological treatment regimens for depression and anxiety spectrum disorders in a perinatal patient
5. List non-pharmacologic approaches to management of a perinatal patient with a mental health or substance use disorder

Accreditation



CONTINUING EDUCATION PROGRAM

ACCME Accreditation Statement:

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA Credit Designation Statement:

The Medical College of Wisconsin designates this Live Activity for a maximum of 6.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Hours of Participation for Allied Health Care Professionals

The Medical College of Wisconsin designates this activity for up to 6.0 hours of participation for continuing education for allied health professionals.

Speakers

Charles Schaubeger, MD, MS, CPE

Gundersen Health System | Obstetrics and Gynecology

Elizabeth Collier, CSAC, ICS, LCSW

State of Wisconsin: Department of Health Services | State Opioid Treatment Authority

Christina L. Wichman, DO, FACLP

MCW Departments of Psychiatry and Behavioral Medicine and Obstetrics and Gynecology | The Periscope Project

Julie R. Owen, MD

MCW Department of Psychiatry and Behavioral Medicine | The Periscope Project

My Phon Nguyen, MD

Aurora Health Care | Psychiatry | The Periscope Project

Tasha Farrar, MD

Sherman Counseling | Psychiatry

Abbey Kruper, PsyD

MCW Departments of Psychiatry and Behavioral Medicine and Obstetrics and Gynecology

Friday, May 3, 2019

8:30 am	Registration and Networking (coffee and light refreshments provided)
9:00 am	Welcome
9:20 am	Plenary Session: Management of Opioid Use Disorders in the Perinatal Patient Charles Schauburger, MD, MS, CPE
10:20 am	Break
10:40 am	Plenary Session: Opioid Epidemic in Wisconsin and the Perinatal Patient Elizabeth Collier, CSAC, ICS, LCSW
11:30 am	Lunch Presentation: The Periscope Project Outcomes (lunch provided)
12:10 pm	Breakout Sessions Breakout 1A: Back to the Basics: Perinatal Psychiatric Pharmacology Breakout 1B: Special Topics in Psychopathology
1:40 pm	Break (light refreshments provided)
2:00 pm	Breakout Sessions Breakout 2A: Navigating Difficult Conversations Utilizing Standardized Patients Breakout 2B: Panel Session: Non-Pharmacological Treatment Options
3:40 pm	Wrap Up and Evaluations
4:15 pm	Adjourn

For more information and to register, visit:
the-periscope-project.org/2019conference

Management of Opioid Use Disorders in the Perinatal Patient & Opioid Epidemic in Wisconsin and the Perinatal Patient: This two-part keynote session begins with a presentation that will define the role of non-Medication Assisted Treatment (MAT) prescribing providers in treatment of opioid use disorders in pregnant and lactating patients and how to engage the patient in treatment and encourage follow-through with OB and pediatric care. Next, a representative from the state opioid authority will describe the current state of opioid addiction in Wisconsin as well as the legal ramifications for perinatal women and statewide MAT resources.

Breakout 1A: Back to the Basics: Perinatal Psychiatric Pharmacology: This session will review the first line management of perinatal psychiatric disorders including concerning psychiatric symptoms, validated screening tools, and first-line pharmacological treatment regimens.

Breakout 1B: Special Topics in Psychopathology: In this session, taught by three perinatal psychiatrists, participants will understand how the perinatal period may impact the following psychiatric disorders: attention deficit disorder (ADD), bipolar disorder, and post traumatic stress disorder (PTSD) and list the risks to fetus/infant of antipsychotics, mood stabilizers, and stimulants in pregnancy.

Breakout 2A: Navigating Difficult Conversations Utilizing Standardized Patients: This interactive session will list principles to navigate difficult conversations with perinatal patients and provide participants with an opportunity to practice those skills in a small group using role play with standardized patients and facilitated discussion.

Breakout 2B: Panel Session: Non-Pharmacological Treatment Options: This panel session will introduce evidence based non-pharmacological management of perinatal mood and anxiety disorders including psychotherapy, peer support, digital health, light box therapy, and the services of the Wisconsin Chapter of Postpartum Support International.

Registration

To register and for more information visit:
the-periscope-project.org/2019conference

Registration is required for attendance. Space is limited.

The Periscope Project conference is a benefit for enrolled providers and offered at no additional cost.

Registration covers refreshments, luncheon, and continuing education credits.

REGISTER BY APRIL 19, 2019

Target Audience

Enrolled providers in The Periscope Project. Eligibility includes health care providers and professionals caring for pregnant and postpartum women. Enrollment in The Periscope Project will be verified at the time of conference registration. For more information on enrollment eligibility visit the-periscope-project.org.

Afternoon Breakout Selection

During the registration process, you will select which breakout sessions you will attend. There are two options per time slot: breakout sessions 1A and 1B are offered at the same time, and breakout sessions 2A and 2B are offered at the same time.

Confirmation

Registration confirmation will be emailed upon completion of the online registration and enrollment in The Periscope Project is verified.

Accommodations

A block of rooms is reserved for conference attendees until April 19, 2019, at a special rate of \$111 per night. Please call Residence Inn by Marriott Milwaukee West 414-258-2575 for reservations and mention The Periscope Project to receive the reduced rate. Residence Inn Milwaukee West is located one mile from the Medical College of Wisconsin (MCW) campus.

Location and Parking

The conference will be held in the Alumni Center of the Medical College of Wisconsin Campus: 8701 Watertown Plank Road, Milwaukee, WI 53226. To park, visitors must stop at the Visitor Lot booth located across from the main entrance of the college on 87th Street. 87th Street can be accessed from either Watertown Plank Road or Wisconsin Avenue.

Special Needs

Please contact Shelby Borchardt at 414-955-8972 or theperiscopeproject@mcw.edu at least two weeks in advance if you have any special needs or questions pertaining to your participation. We'd be happy to discuss ways we can accommodate you.

Questions

Contact Shelby at theperiscopeproject@mcw.edu or 414-955-8972



The Periscope Project is a program of the Medical College of Wisconsin (MCW) - Department of Psychiatry and Behavioral Medicine made possible through the financial support of the United Health Foundation.