

Services We Offer



Consultation

Real time consultation between eligible provider and perinatal psychiatrist



Resources

Linkage to existing maternal mental health resources



Education

Educational materials (live didactic, web-based presentations, toolkit)

The Periscope Project

Wisconsin's perinatal psychiatric access program available to providers caring for pregnant and postpartum women struggling with behavioral health conditions offered at no cost.
Phone response within 30 minutes.
Email response within one business day.



Beyond Our Scope

The Periscope Project **does not**:

- Provide services directly to patients
- Prescribe medications
- Provide tele-medicine services

877.296.9049

WEEKDAYS 8AM TO 4PM, CST
EXCLUDING HOLIDAYS



theperiscopeproject@mcw.edu

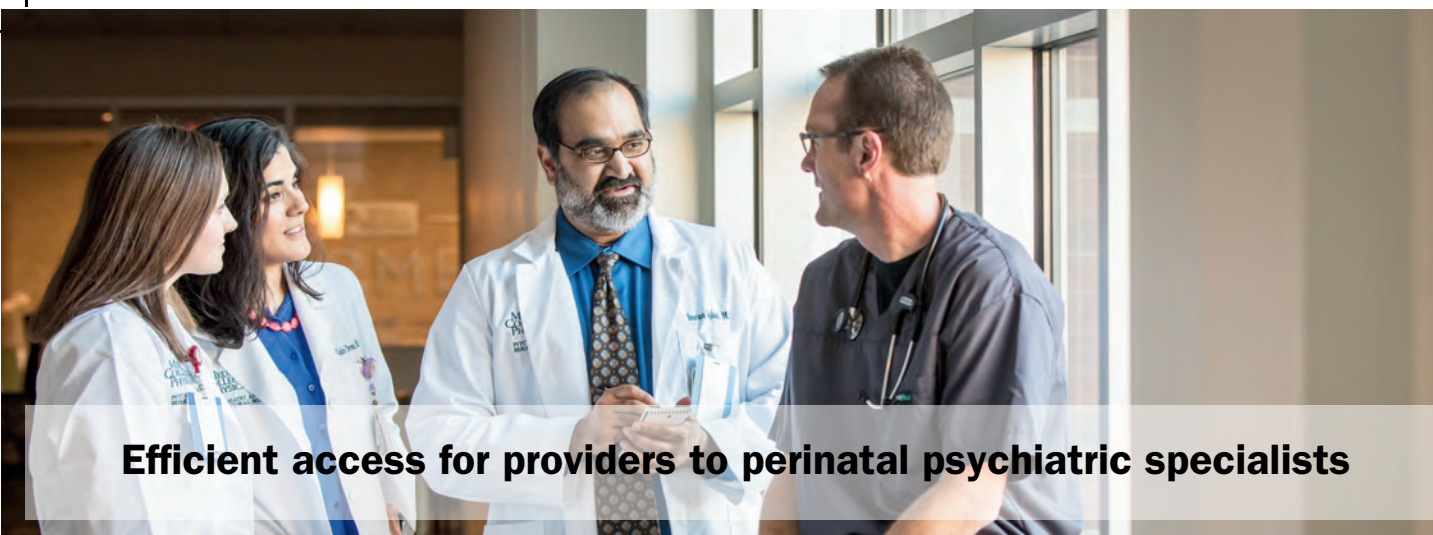


the-periscope-project.org



THE
PERISCOPE
PROJECT

PERINATAL SPECIALTY CONSULT PSYCHIATRY EXTENSION



Efficient access for providers to perinatal psychiatric specialists

How it Works

1. Health care provider contacts The Periscope Project Monday - Friday, 8 am to 4 pm CST with questions or concerns regarding the mental health of a perinatal patient.
2. A coordinator triages calls and emails. The coordinator can provide local maternal mental health resource information.
3. **A perinatal psychiatrist returns the provider's call within 30 minutes.** The provider-to-provider case-based discussion typically last 8 minutes. Emails are returned within one business day.
4. Most often, patients remain in the care of their provider. Inquiring providers build their capacity to care for their perinatal patients.

Examples of When to Call

- Newly pregnant patient with a history of depression, stable on psychiatric medication. Call to discuss risks and benefits of medication management during pregnancy and lactation.
- Pregnant patient discloses she is using illicit substances. Call for up to date information on risks of substance use disorder during pregnancy and treatment options.
- Postpartum patient scores high on depression screening. Call to discuss next steps for diagnosis and possible treatment options.

"As always, I had a wonderful experience. I received advice, reassurance, and compassion both for myself and my patient. I was given great ideas to help, resources and overall support in what I am trying to do for my patient and in my practice. Every time I call the Periscope Project, I leave feeling so much better! They really are a wonderful resource. I don't know how we ever managed without them."

Mary Williams, CNM

Who Can Call?

Health care providers or professionals caring for pregnant and/or postpartum patients in Wisconsin.

Including, but not limited to:

- Physicians
- Midwives
- Advanced Practice Providers
- Registered Nurses
- Psychotherapists
- Family Support Workers
- Social Workers

All consultations remain within the scope of practice of the calling provider type.

"I am thrilled with the Periscope Project! It has become an invaluable tool in my practice. Perhaps the best thing about the providers is that they are teaching me so that I am better able to help all of my patients and need less and less help as time goes on."

Barbara S. Robinson, MD

Educational Opportunities

Periscope offers a range of educational materials designed to enhance understanding of perinatal mental health conditions.

- Provider Toolkit
- Recorded Modules
- Live Webinar Series
- Live, Personalized Didactics for Clinics

The Periscope Project is a program of the Medical College of Wisconsin (MCW) Department of Psychiatry and Behavioral Medicine.