



THE PERISCOPE PROJECT

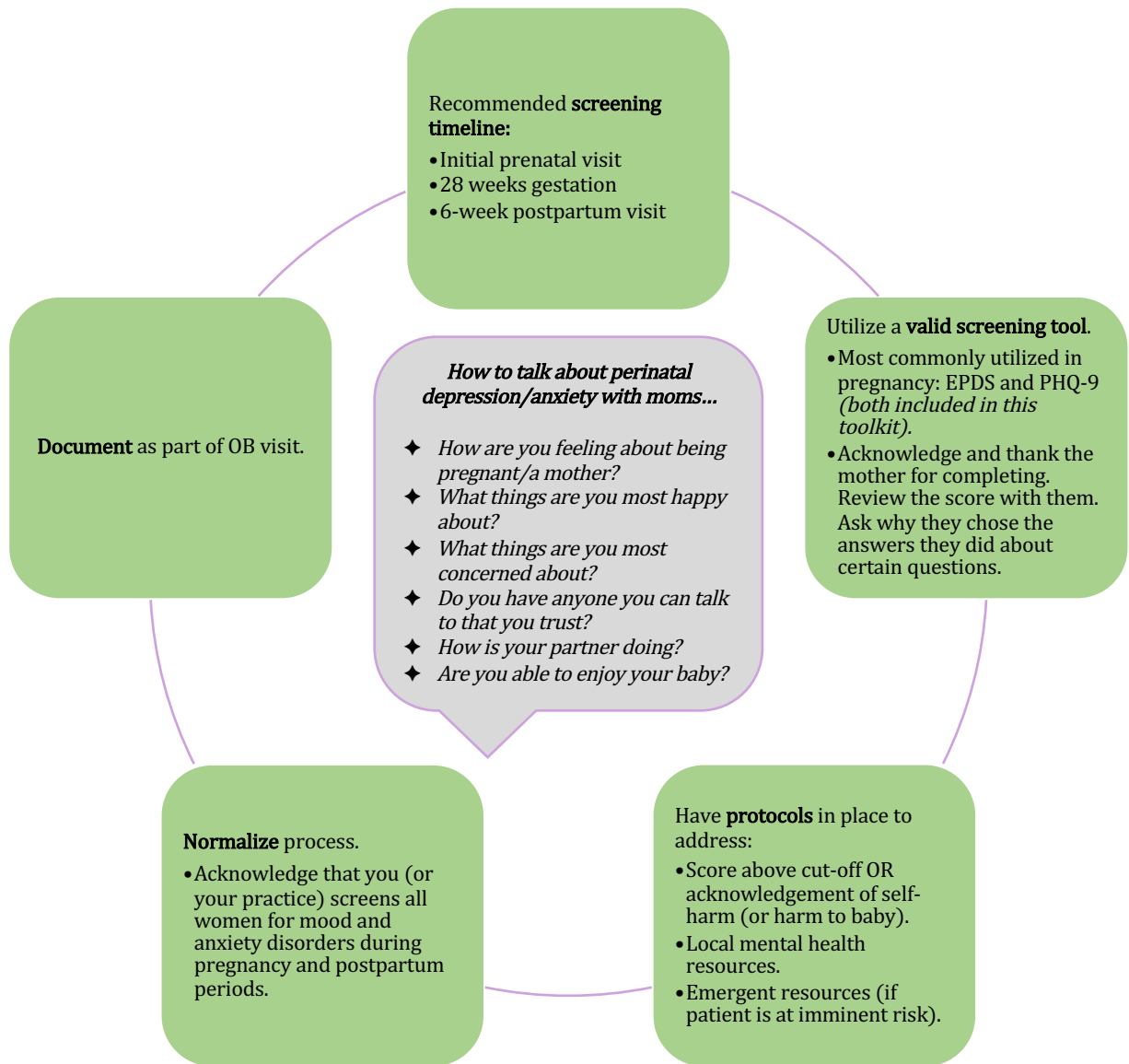
PERINATAL SPECIALTY CONSULT PSYCHIATRY EXTENSION

This toolkit was produced by the Medical College of Wisconsin and is provided to health care providers through The Periscope Project. The goal of this toolkit is to provide practitioners with an up-to-date, reliable, and easy to use source of information for mental health conditions during the perinatal period. The content is based on the latest available evidence-based guidelines and research whenever possible. If you are aware of new guidelines or research, or if you have suggestions that can help improve this toolkit, please contact cwichman@mcw.edu. Please read our disclaimer before using our toolkit.

This toolkit is for educational purposes only and does not constitute medical advice. The toolkit is not a replacement for careful medical judgments by qualified medical personnel. There may be information in the toolkit that does not apply to or may be inappropriate for the medical situation at hand.

CLINICAL CONSIDERATIONS

CLINICAL CONSIDERATIONS WHEN ASSESSING THE MENTAL HEALTH OF PERINATAL WOMEN



ASSESSING SUICIDAL IDEATION

Lower Risk	Higher Risk
<ul style="list-style-type: none"> • No prior attempts • No plan • No intent • No substance use • Protective factors (<i>what prevents you from acting?</i>) 	<ul style="list-style-type: none"> • History of suicide attempt(s) • High lethality of previous attempt(s) • Current plan • Current intent • Substance use • Lack of protective factors (<i>including social support</i>)

ASSESSING THOUGHTS OF HARMING BABY

Occurring Secondary to Obsessions/Anxiety	Occurring Secondary to Postpartum Psychosis
<p>Good insight Thoughts are intrusive, scary No psychotic symptoms Thoughts cause anxiety</p> <p style="text-align: center;">↓</p> <p>Suggests not at risk of harming baby</p>	<p>Poor insight Psychotic symptoms Delusional beliefs with distortion of reality present</p> <p style="text-align: center;">↓</p> <p>Suggests at risk of harming baby</p>